



TOWN OF COLONIE

Department of Senior Resources

12 Metro Park Road

Suite #103

Albany, New York 12205



Home Delivered Meal Options

Name & Contact Information	Services Available Please note services listed below is general information. Contact companies directly for a full list of amenities and services
Albany County Dept. of Aging Home Delivered Meal Program 100 Heritage Lane, 5 th Floor Albany, NY 12211 Intake phone: 518-447-7177 www.albanycounty.com/departments/aging/home-delivered-meals	One or two balanced meals are delivered to anyone age 60+ who meets the below criteria: <ul style="list-style-type: none"> • Incapacitated due to accident, illness or frailty • Lack the supports of family, friends, or neighbors • Is unable to prepare meals due to lack of o inability to shop, cook, or prepare meals safely. Referrals can be made by family, friends or community agencies.
The Healing Meals 113 Everett Road Albany, NY 12205 518-469-5871 https://www.thehealingmeals.com/	Meal prep company that offers fully cooked, well balanced, pre-portioned meals. Menu changes every week. <ul style="list-style-type: none"> • Orders must be placed by Sunday either online or call • No subscription required! Order as much or as little as you wish.
Homestyle Direct 2032 Highland Ave E. Twin Falls, ID 83301 1-866-735-0921 https://www.homestyledirect.com/	<ul style="list-style-type: none"> • Nutritious, well-balanced meals, dietician approved • Offers diabetic & gluten friendly, heart healthy options • Orders can be placed online, via phone, fax or emailed • Meals are frozen and delivered to your doorstep • Private pay or Medicaid meal waiver accepted
Mom's Meals NourishCare 3210 SE Corporate Woods Drive Ankeny, IA 50021 1-877-508-6667 www.momsmeals.com	<ul style="list-style-type: none"> • Nutritious, well balanced, fully prepared meals that will last 14 days when stored in fridge. • Orders can be placed online or via phone • Offers many dietary options from diabetic friendly to pureed to renal friendly. Refer to website for all options • Private pay, Medicaid and Medicare Advantage Plans (consult with insurance plan prior to ordering)
Meals on Demand by Lifepath 28 Colvin Ave, Suite 2 Albany, NY 122065 (518) 465-3322 www.lifepath.com	<ul style="list-style-type: none"> • Monthly menus are developed by Registered Dietician • Each meal comes with: meat/protein, veggie, carb/grain, bread, dessert and milk. • Meals are delivered Monday-Friday, 10:30am-12:30pm • Hot meals are \$8 per meal per day. A 2nd lighter meal either cold/frozen is available at an additional cost.



TOWN OF COLONIE

Department of Senior Resources

12 Metro Park Road

Suite #103

Albany, New York 12205



Nutrition Assistance Programs

Congregate Dining

A nutritious, balanced meal is served at several sites encouraging social interaction as well as sustenance. Menus are approved by a registered dietician and nutrition education materials are distributed at each site. Contributions are suggested but not required. Meals are available to seniors 60+ and their spouses (*regardless of their age*). Below are the dining sites that are located in the Town of Colonie & surrounding areas:

Beltrone Living Center

6 Winners Circle
Albany, NY 12205
RSVP: 518-459-2857, ext. 303

Bishop Broderick Apts.

50 Prescott St.
Albany, NY 12205
RSVP: 518-459-2857, ext. 303

King Thiel Senior Community

17 Elks Lane
Latham, NY 12110
RSVP: 518-459-2857, ext. 303

Sheehy Manor

8 Carondelet Drive
Watervliet, NY 12189
RSVP: 518-459-2857, ext. 303

Cohoes Senior Center

10 Cayuga Plaza
Cohoes, NY 12047
RSVP: 518-235-2420

Watervliet Senior Citizen Center

1501 Broadway
Watervliet, NY 12189
RSVP: 518-273-4422

Food Pantries – Town of Colonie & surrounding areas

Christ Our Light

1 Maria Drive
Loudonville, NY 12211
Phone: 518-459-6635
Hours: 3rd Saturday each month
8:15–11:30am

*Call for emergency food
M-F, 8am-3pm*

Capital Church Food Pantry

31 Vly Road
Albany, NY 12205
Phone: 518-456-3022, ext. 4
Hours: Thursdays, 6-7pm

*Will serve emergency bags
Call to schedule appt.*

St. Ambrose

347 Old Loudon Rd.
Latham, NY 12110
Phone: 518-785-1351
Hours: M-Th, 10am-12pm
By appointment only, must call first

St. Clare's Food Pantry

1947 Central Ave.
Albany, NY 12205
Phone: 518-456-3112, ext. 115
Hours: 2nd & 4th Thursdays each month, 9-11am

Loudonville Presbyterian Church

22 Old Niskayuna Rd.
Loudonville, NY 12211
Phone: 518-465-7277
Hours: M-F, 9am – 5pm, Appointment required

My Father's House

529 Fifth Avenue
Watervliet, NY 12189
Phone: 518-424-1198
Hours: 2nd & 4th Wed. each month, 12-2pm

Immaculate Heart of Mary

2416 Seventh Avenue
Watervliet, NY 12189
Phone: 518-273-6020
Hours: Tues & Thurs, 9-10am