



TOWN OF COLONIE

Paula A. Mahan

Town Supervisor



Town Board

David C. Rowley, Christopher Carey, David Green

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Parks & Recreation Department 2017 Summer Enrichment Programs



Parks and Recreation Department

71 Schermerhorn Road

Cohoes, New York 12047

783-2760, Telephone

www.colonie.org

Between June 26th - July 28th, call 785-5511, Ext. 3494

Registration Information & Frequently Asked Questions

Registration Information:

How do I register?

By Mail – Please mail your registration form and payment to the Parks & Recreation Office address listed to the right. Mail-in registrations are accepted for all camps and are recommended, especially for camps with limits!

In Person – Attend one of our in-person registration dates to speak with the Summer Enrichment staff! In-person registrations are held at Shaker High School in the athletic wing (far left of the building).

2017 Dates: Saturday, June 10th 8-10 AM
Monday, June 12th 5-7 PM

Can I register for camps if I don't live in the Town of Colonie?

Yes! Priority is given to Town of Colonie residents for camps with limits; however, students who do not reside in the Town of Colonie may register for any course based on program availability.

Is there a non-resident fee or a fee for late registrations?

There are no additional fees for non-residents; however, any registration received after June 26th will be assessed a \$3.00 late registration fee.

Accepted Forms of Payment:

Parks & Recreation Office
Cash, Check, or Credit Cards

Summer Enrichment Office: Cash or Check

Please make checks payable to **Town of Colonie.**

How to Contact Us:

By Mail: Parks and Recreation Dept.
71 Schermerhorn Road
Cohoes, NY 12047

By Phone: 783-2760 (prior to 6/26)
785-5511 ext. 3494

By Email: tocsep518@gmail.com

Online: www.colonie.org/parks

Refund Policy:

Refunds will only be given under the following conditions:

- ✓ If the program is cancelled by the Parks and Recreation Department prior to the program starting.
- ✓ If the program has already been filled upon receipt of your registration.
- ✓ Refunds will **not** be issued in any case where inaccurate information has been provided.
- ✓ At the discretion of the Town of Colonie.

Refunds will not be given after June 17th, 2017 - no exceptions.

General Reminders:

- ✓ **PROGRAMS WILL NOT BE HELD ON TUESDAY, JULY 4th.**
- ✓ All programs are filled on a "first-come, first-serve" basis.
- ✓ You will **ONLY** be notified if your course is cancelled or filled.
- ✓ Transportation is the responsibility of the participants.
- ✓ Each registration form must be signed by a parent or guardian.
- ✓ Late registrations fees will not be pro-rated.

Tennis & Golf Programs

All tennis camps run through the Summer Enrichment Program are designed for students in grades **3 & up** and are held during the daytime at Shaker High School. For information regarding the evening and family tennis programs, please visit www.colonie.org/parks or call the Parks and Recreation office at 783-2760.

Golf camps are located at the Town of Colonie Golf Course on Consaul Road. Space is limited for these camps, so reserve your spot by registering today!

Beginner Tennis Lessons

Grades 3 & up

Date: 7/10-7/14 (Session A) **Time:** 8:30-10AM
7/10-7/14 (Session B) 10-11:30AM
7/17-7/21 (Session C) 8:30-10AM
7/17-7/21 (Session D) 10-11:30AM

Fee: \$52.00 per session

This course will include: Basic hand eye coordination, beginning tennis skills, warm up exercises, tennis games and skills to reinforce tennis skills, rules of the game and court etiquette. This course is designed for children with 0 to 5 years of tennis experience. Campers should wear sneakers and bring a tennis racquet. **LIMIT: 32 PARTICIPANTS**

Advanced Tennis Lessons

Grades 3 & up

Date: 7/24-7/28 (Session E) **Time:** 8:30-10AM
7/24-7/28 (Session F) 10-11:30AM

Fee: \$52.00 per session

This session will provide more advanced instruction for students looking to improve their tennis skills. Students will participate in both doubles and singles matches while reinforcing each students' skills and abilities. Campers should wear sneakers and bring a tennis racquet. **LIMIT: 32 PARTICIPANTS**

Introduction to Golf

Ages 8 & up

Date: 7/10-7/13 (Session A) **Time:** 10AM-12PM
7/24-7/27 (Session B)

Fee: \$99.00 per session

Four (4), two (2) hour sessions covering: Developing a golf swing; learning putting and chipping; when to use each golf club; strategies for practicing and improvement; getting familiar with the golf course; introduction to golf etiquette. What to bring: Sneakers or golf shoes, golf clubs (clubs will be provided if needed), and a water bottle. Questions can be directed to the Town of Colonie Golf Course.

MIN.: 4 PARTICIPANTS - MAX: 10 PARTICIPANTS



Learn-to-Swim Program

Shaker High School's swimming pool is closed for improvements during the 2017 summer.

A "Learn to Swim Program" is offered at the Colonie Mohawk River Park. For more information, please visit www.colonie.org.



Athletic Programs

All programs are located at Shaker High School unless otherwise noted.

Archery & Bocce

Grades 5-9

Date: 7/3-7/7

Time: 8:30-11:30AM

Fee: \$54.00

This is an introductory course teaching the basics for archery and bocce. Areas of instruction will include; basic equipment, stance, methods of shooting, target scoring, and all safety procedures, bocce; rules, scoring, and team play. **NO CLASS 7/4.**

Baseball

Grades 4-10

Date: 6/26-6/30

Time: 8:30-11:30AM

Fee: \$62.00



The purpose of this program is to provide students with the fundamentals for individual and team play. Areas of instruction include: hitting, pitching, infield play, outfield play, bunting, base running and rundowns.

Basketball - Boys

Session A: Grades 3-5

Session B: Grades 6-12

Date: 7/10-7/14 (Session A) **Time:** 8:30-11:30AM
7/10-7/14 (Session B) 12:00-3:00PM

Fee: \$62.00 per session

The purpose of this program is to provide students with the fundamentals for individual and team play. Areas of instructions will include: rules, ball handling, shooting, passing, rebounding and defense techniques.



Basketball - Girls

Grades 4-10

Date: 7/3-7/7

Time: 12:00-3:00PM

Fee: \$54.00

The purpose of this program is to provide students with the fundamentals for individual and team play. Areas of instruction will include: rules, ball handling, shooting, passing, rebounding and defense techniques. The program will include stations, individual skills, and team concept instruction. **NO CLASS 7/4.**

Bowling

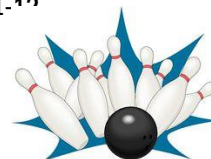
Grades 1-12

Date: 7/17-7/21

Time: 9AM-12PM

Site: Latham Bowl, Rt. 2**

Fee: \$100.00



The purpose of this program is to provide students with the fundamentals of bowling. Areas of instruction include: rules, scoring, etiquette, stance, approach, and lane positioning. Students will be broken up by age & skill. Some lanes will have bumpers and a limited supply of lightweight balls will be available. *Fee includes: ball, shoes, and pizza party at end of camp.

Field Hockey

Grades 4-10

Date: 7/3-7/7

Time: 8:30-11:30AM

Fee: \$54.00

This program will teach players the basics of the game and develop the skills developing players need to improve their game. Experienced players will have the opportunity to refine their skills. Players will get game experience. **NO CLASS 7/4.**

Football

Grades 4-10

Date: 7/10-7/14

Time: 12:00-3:00PM

Fee: \$62.00



The program provides students with the fundamentals for individual and team play. Areas of instruction include: passing, receiving, running, pass routes, principals of drop back, sprint-out and play action pass attack offensively as well as backpedaling, turning hips, and breaking on the ball defensively. The kicking game will also be covered.

Gym Games & Fitness Fun

Grades 4-10

Date: 7/24-7/28

Time: 9AM-3PM

Fee: \$100.00

This program will consist of a wide variety of indoor and outdoor games. Some of the games include: kickball, whiffle ball, softball, dodgeball, floor hockey, and team handball. A strong emphasis will be placed on the improvement of one's physical fitness which can be achieved through participation in physical activities such as games. Campers should bring a packed lunch.

Athletic Programs

Gymnastics

Grades K-8

Date: 7/3-7/14 (Session A) **Time:** 8:30-10AM
 7/3-7/14 (Session B) 10-11:30AM
Fee: \$52.00 per session



The areas of instruction will include: forward rolls, backward rolls, cartwheels, round-offs, walkovers, handstands, and additional skills depending upon student progress. Instruction will be given on all Olympic events. Students will be placed in groups according to age and ability. Groups will rotate through the various instructional stations. **NO CLASS 7/4; LIMIT: 30 PARTICIPANTS PER SESSION.**

Lacrosse - Boys

Grades 4-9

Date: 6/28-6/30 **Time:** 8:30-11:30AM
Fee: \$62.00

This program is an introductory course teaching fundamentals of lacrosse. Instruction will cover throwing, catching, shooting, scooping techniques, players' positions, rules and history of the game. There will be NO physical contact in this program. ****Campers are encouraged to have their own sticks****

Lacrosse – Girls

Grades 4-9

Date: 7/10-7/14
Time: 12:00-3:00PM
Fee: \$62.00



This program is an introductory course of lacrosse. Instruction will cover throwing, catching, shooting, scooping techniques, players' positions, rules and history of the game. There will be NO physical contact in this program. ****Campers are encouraged to have their own sticks****

Outdoor Fun & Games

Grades 4-9

Date: 7/17-7/21 **Time:** 12:00-3:00PM
Fee: \$62.00

This program will consist of a wide variety of outdoor games. Some of the games include: kickball, badminton, capture the flag, Frisbee golf, and ultimate frisbee. A strong emphasis will be placed on the improvement of one's physical fitness which can be achieved through participation in physical activities such as games. Indoor space is available in the event of inclement weather.

Softball & Softball Pitching

Grades 4-9

Date: 6/26-6/30 **Time:** 8:30-11:30AM
Fee: \$62.00

The purpose of this program is to provide students with the fundamentals for individual and team play. Areas of instruction include: hitting, infield play, outfield play, bunting, base running and rundowns. This program will also provide some instruction in the Fast-Pitch Softball pitching technique with emphasis on the "Windmill" style of pitching. All of the basics will be covered to prepare the pitcher to throw competitively and legally according to ASA rules.

Soccer

Sessions A & B: Grades K-3
 Session C: Grades 4-9

Date: 7/3-7/7 (Session A) **Time:** 8:30-10AM
 7/3-7/7 (Session B) 10-11:30AM
 7/3-7/7 (Session C) 12:00-3:00PM
Fee: \$27.00 per session (Sessions A or B)
 \$54.00 (Session C)



The purpose of this program is to provide students with the fundamentals for individual and team play. Areas of instruction include: dribbling, trapping, heading, passing, and shooting. Soccer will also be promoted as a way to develop health and sports fitness. Campers should wear shin guards covered by long socks, bring a nutritious snack, and plenty of water. **NO CLASS 7/4.**



You will ONLY be notified if your class is CANCELLED! If you wish to confirm receipt of your registration, please contact the Enrichment Program office at 785-5511 ext. 3494 after June 26th.

Athletic Camps

Summer Fun & Games

Grades K-3

Date: 6/26-6/30 (Session A) **Time:** 8:30-11:30AM

7/24-7/28 (Session B) 8:30-11:30AM

Fee: \$62.00 per session

This program will consist of a wide variety of indoor and outdoor games. The games include: chasing and fleeing, loco-motor, throwing and catching, ball skills, and cooperative games

Track & Field

Grades 4-8



Date: 7/10-7/14 (Session A) **Time:** 8:30-11:30AM

Fee: \$62.00 per session

Introduction to most of the events contested in high school track and field including long jump, triple jump, high jump, shot put, discus, sprints, middle distance, distance, and hurdles. Coaches will guide participants through each of these events, giving athletes the opportunity to try out each event and discover which events suit them best.

Ultimate Frisbee Games

Grades 4-10

Date: 6/26-6/30 **Time:** 12:00-3:00PM

Fee: \$62.00

This program will consist of a wide variety of Frisbee games, both indoors and outdoors. Participants will learn the basics of Frisbee favorites such as Frisbee golf and Ultimate Frisbee while improving of one's physical fitness.

Volleyball

Session A: Grades 4-8

Session B: Grades 9-12



Date: 7/17-7/21 (Session A) **Time:** 8:30-11:30AM

7/17-7/21 (Session B) 12:00-3:00PM

Fee: \$62.00 per session

Session A: This introductory session into volleyball will help athletes master the following key components: passing, hitting, setting, defense, and most importantly, teamwork. Every athlete will obtain helpful individual tips to better their volleyball skills while promoting an athletic atmosphere of fun!

Session B: A session focused on medium to advanced level of volleyball techniques and introduces advanced training methods. Every athlete will receive individual tips to better their volleyball skills. Motivated volleyball players will gain advanced insight to this wonderful team sport.

Colonie Kids Tiny Tots Programs

NEW!

The Town of Colonie Summer Enrichment Program is happy to offer a selection of new courses for your youngest town residents! All courses will run at Shaker High School unless otherwise noted.

Lil' Tumblers

Session A: Ages 2-3

Sessions B & C: Ages 3-5

Date: 7/17-7/21 (Session A) **Time:** 8:30-9:30AM

7/17-7/21 (Session B) 9:30-10:30AM

7/17-7/21 (Session C) 10:30-11:30AM

Fee: \$25.00 per session

Session A: This course is designed to provide your toddler with the opportunity to participate in obstacle courses, gross motor activities, and more to promote gross motor development and balance. Parent participation (one adult per child) is expected with this course. **LIMIT: 15 PARTICIPANTS.**

Session B: This session will provide your toddler with basic tumbling skills all while promoting gross motor development and balance in a fun, safe environment! Parent participation is not required for this session. **LIMIT: 15 PARTICIPANTS.**



Art Programs

Drawing & Painting

Session A: Grades K-2
 Session B: Grades 3-5
 Session C: Grades 6-9



Date: 7/17-7/28 (Session A) **Time:** 8-10AM
 6/26-7/7 (Session B) 8-10AM
 6/26-7/7 (Session C) 10:30-12:30
Fee: \$68.00 (Session A)
 \$61.00 (Sessions B or C)

Venture into basic drawing and painting techniques while creating original works of art! Students will work with various media such as pencil, charcoal, tempera paint, watercolor, and oil pastel. Students will be drawing from life while learning as many drawing techniques as possible! Students will be divided into two groups upon registration.

SESSION A: LIMIT: 15 PARTICIPANTS
SESSIONS B & C: NO CLASS 7/4
LIMIT: 24 PARTICIPANTS



Art Exploration

Session A: Grades 6-9

Date: 7/10-7/14 **Time:** 1-3PM
Fee: \$48.00 per session

This course is designed for motivated art students to learn and explore more advanced techniques in art. Student interest will guide this course as they demonstrate their creativity through the use of any number of the following: charcoal, paint, pencil, ceramics, and more!

LIMIT: 20 PARTICIPANTS

Jr. Sculpture & Ceramics

Session A-B: Grades K-2

Date: 7/10-7/14 (Session A) **Time:** 8-10AM
 7/17-7/21 (Session B) 10:30-12:30
Fee: \$48.00 per session

Students will look at many artists from different cultures while learning the techniques of sculpture and painting. The students will produce ceramics from self-hardening clay, which will later be glazed with tempera paint. Sculptures will be created from many materials such as wire, plaster, soap, and clay. Students will be divided into two groups upon registration.

LIMIT: 15 PARTICIPANTS (per session)

Sculpture & Ceramics

Session A-B: Grades 3-5
 Session C: Grades 6-9



Date: 7/10-7/14 (Session A) **Time:** 10:30-12:30
 7/17-7/21 (Session B) 1-3PM
 7/3-7/7 (Session C) 1-3PM
Fee: \$48.00 (Sessions A or B)
 \$39.00 (Session C)

Students will look at many artists from different cultures while learning the techniques of sculpture and painting. The students will produce ceramics from self-hardening clay, which will later be glazed with tempera paint. Sculptures will be created from many materials such as wire, plaster, soap, and clay. Students will be divided into two groups upon registration.

LIMIT: 20 PARTICIPANTS (per session)

NO CLASS 7/4 (Session C)

Individual Music Lessons

All lessons are held during the daytime at Shaker High School. Evening classes are **NOT** available.

Band: Grades 4 & up
Piano: Grades 4 & up
Strings: Grades 2 & up

Dates: 6/26-7/28
Fee: \$100.00 per registrant

These courses consist of five (5), thirty (30) minute individual lessons. Lessons are once a week and will be scheduled at a day and time to be arranged between the instructor and the student. **You must have a consistent day and time available for the entire five weeks in order to schedule lessons.** Instruments and music are not provided. Information regarding instrument rentals, and related materials will be given out at the first lesson.

How to Register:

By Mail: At any point! Participants who mail in registrations prior to our first in-person date will be notified by phone to arrange a lesson day and time. To avoid unnecessary waiting, mail in your registration today!

In Person: Please see information on the second page of our booklet regarding our in-person registration dates.

Missed/Cancelled Lessons:

With the exception of camp closures on July 4th, **it is not possible to reschedule missed lesson for any reason!** Thank you in advance for understanding.



Send Registration Form to:

Parks and Recreation Department
Summer Enrichment Program
71 Schermerhorn Road
Cohoes, NY 12047

Please make checks
payable to:
TOWN OF COLONIE

PARENT/GUARDIAN NAME: _____

ADDRESS: _____

CITY & ZIP CODE: _____

E-MAIL: _____

Primary Phone: _____ Emergency Phone: _____

REFUND POLICY: No refunds after June 17th, 2017.

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|--------------------------|
| Medical Concerns: |
| _____ |
| _____ |
| _____ |
| _____ |
| _____ |

| Participant's Name | Program & Session | Age | Program Fee | Late Fee | Total Due |
|--------------------|-------------------|-----|-------------|----------|-----------|
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LIABILITY WAIVER: PLEASE READ THE FOLLOWING STATEMENT, INITIAL, SIGN & DATE:

By signing the LIABILITY WAIVER I acknowledge and assume risks and hazards incidental to the program enrolled and release and hold harmless the Town of Colonie and North Colonie Central School District for injury to person, damaged, lost or stolen property. INITIAL: _____

I hereby grant the Town of Colonie the right to take photographs of the participant(s) listed above taken during the 2017 Summer Enrichment Program. INITIAL: _____

I authorize the Parks and Recreation Department to E-Mail me for future programs. INITIAL: _____

I have read and understand the Summer Enrichment Policies. INITIAL: _____

(Print name of parent or guardian)

(Signature and date)