

LEARN-TO-SWIM PROGRAM COLONIE TOWN POOL

TOWN OF COLONIE
PARKS AND RECREATION DEPARTMENT
www.colonie.org

COURSES

Levels

- I. **Non-Swimmers** - Students must have completed kindergarten and be willing to put face in the water.
- II. Must be able to float on front.
- III. Must be able to combine arms and legs with stroke on front and back.
- IV. Must have Level III card or Beginners card.
- V. Must have Level IV card or Advanced Beginners card.
- VI. Must have Level V card or Intermediate card.

Courses I-VI above are 45 minutes in duration, offered at 9:00 a.m., 10:00 a.m., and 11:00 a.m.; **Cost \$35 per course.**

Basic and Emergency Water Safety - Students must be 11 years of age or older, and able to perform:

- (a) Standing front dive, reasonable good form.
- (b) Swim 250 yards continuously using crawl, sidestroke, and elementary backstroke.
- (c) Tread water 1/2 minute.

One session: 9:00 a.m. - 11:45 a.m.; **Cost \$45.**

TRANSPORTATION

Anyone riding an 8:15 bus for the "Basic and Emergency Water Safety" class will be transported back to the pick up site at 12:00.

Colonie Youth Center@Rt. 2	8:15
Forts Ferry School@Forts Ferry Rd.	8:15
Boght Hills School@Dunsbach Ferry Rd.	8:15
Colonie Community Center@1653 Central Ave.	8:15, 9:15
Saddlewood School@Loralee Dr.	8:15, 9:15
Sand Creek Jr.@Sand Creek Rd.	8:15, 9:15
Shaker Rd. School@Albany-Shaker Rd.	8:15, 9:15
Menands Ball Park@Menands Rd.	9:15
Maplewood@Easy Street.	9:15
Latham Ridge School@Mercer Ave	10:15
Soughgate School@Southgate Rd.	10:15
Veeder School@Lishakill Rd.	10:15
West Albany Park@Braintree St.	10:15

Day Camps: Register for 9:00 class at location which corresponds to day camp location.

LEARN-TO-SWIM PROGRAM COLONIE TOWN PARK 2009



PAULA A. MAHAN
Town Supervisor

TOWN BOARD

NANCY R. HERNANDEZ	NICOLE CRISCIONE-SZESNAT
ROBERT D. BECKER	J. BRIAN HOGAN
WILLIAM E. CARL	THOMAS F. WITH

(518) 783-2760

LEARN-TO-SWIM 2009 REGISTRATION FORM

Name _____ Grade _____ Ht _____
(Sept. '09)

Address _____

Phone _____ School _____
(Home) (Business)

Medical Problems _____

Course/Level: _____
Non-Swim I II III
IV V VI Water Safety

Course Time: _____
9:00 10:00 11:00



General Waiver of Liability: I hereby grant permission for my child to participate in the Colonie Learn-To-Swim Program, and I absolve the Town of Colonie, its Agents and Employees, of any responsibility arising out of injuries incurred during the course of the Program.

The program fee includes mandatory enrollment in a primary accident insurance plan, which provides for payment of medical expenses up to \$5,000 (\$25.00 deductible) in the event that a child suffers an injury while participating in the program. The cost of the coverage is \$3.50 per child.

Parent's Signature _____ Date _____

Note: Parent's signature upon registration will be considered approval of child's physical fitness to participate in the program.



ATTENDANCE RECORD

CLASS# 1 _____ 2 _____ 3 _____ 4 _____ 5 _____
6 _____ 7 _____ 8 _____ 9 _____ 10 _____

TEAR AT PERF.

LEARN-TO-SWIM PROGRAM 2009

Program Coordinator: Robert Foggo, Town Pool Manager
 Dates: Weekdays, Mon. June 29 - Mon. July 13 (excluding July 3rd)
 Class Times: 9:00 a.m.; 10:00 a.m.; 11:00 a.m.
 Duration 45 minutes
 Location: Colonie Town Park Swimming Pool
 Eligibility: Town of Colonie Resident
 Completion of Kindergarten

***Registration:** Saturday, June 6th, Colonie Community Center, 1653 Central Avenue, 9:00 a.m. - 12:00 Noon.

After the June 6th registration, all class openings may be filled by personal registration at the Parks and Recreation Office, Colonie Town Park, after Monday, June 8th, Monday through Friday between 8:30 a.m. and 4:00 p.m. (783-2760). No mail reservations will be accepted.

- Class sizes are limited, and are filled on a first come, first served basis.
- Each student's registration form must be signed by a parent or guardian.
- Proof of residency is required at registration. Acceptable proof will be either the Parks Department Residency Card, a Colonie Golf Course Permit, or a valid drivers license.
- The registrant's swimming ability is to be proven by an American Red Cross Swimming Achievement Card, which must accompany the registration form. To ensure safety, registrants without a card will initially be placed in a "Beginners" class.
- The Town of Colonie reserves the right to cancel a class due to insufficient enrollment.
- An attendance policy is necessary to ensure that students receive adequate instruction. Students will be required to attend a minimum of 7 classes in order to be tested and eligible to receive the Red Cross Certification of Completion Card.
- Make checks payable to the Town of Colonie, Parks and Recreation Department.
- Request for refunds will be granted until Friday, June 12th.