

William K. Sanford
Town Library



629 Albany Shaker Rd.
Loudonville, NY 12211

HOURS:

Monday - Thursday
9 AM - 9 PM
Friday
9 AM - 6 PM
Saturday
9 AM - 5 PM
Sunday
Noon - 5 PM

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for information.

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info@colonielibrary.org

Web Page Address: <http://www.colonie.org/library>

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At the Library

March 2011

William and Henry James: A Community Celebration

Throughout the Capital District – including our library – there will be a host of programs related to Henry and William James during the next few months and we hope you check out the schedule at <http://www.jamesfamilycelebration.com/> Events include lectures, book discussions, a film series at the Linda, an Albany Rural Cemetery tour, an Erie Canal related tour, a staged reading of *The Aspern Papers*, a walking tour of James Family-related places in Albany, and many other programs. March events here at the William K. Sanford Town Library: on Tuesday March 22nd at 7:00 PM, a book discussion of *The Portrait of a Lady*. *Portrait* is one of Henry James's most popular long novels, and is regarded by critics as one of his finest – if not his finest. Call the Information Desk at 810-0314 to sign up for this special book discussion. Copies of the book will be available, too. Our Library Director (and book discussion leader) Richard Naylor, reports that it was not long after the beginning that he began to look forward to each additional chapter! Writes one critic of this great work: "Like the novels of Jane Austen, *Portrait* centers on the courtship of young women; like those of George Eliot, it tracks their experiences after the wedding knot has been tied. But James complicates the marriage plot by yoking it to the question of how the novel, the society, and the self all try to define female identity, how they paint the *portrait* of a lady."

Join us the next day (whether you attend the discussion or not) for a Noon Book Review of *The Portrait of a Lady* (Wednesday March 23rd; 12:15 start). Our reviewer will be Mary Valentis from UAlbany's English Department. She is the director of the Center for Humanities, Arts, and TechnoScience (CHATS) and lectures in writing, literature, popular culture, and film. Upcoming events here in April: Skidmore College Professor Linda Simon will talk about her very well-received 1998 book *Genuine Reality: A Life of William James* at a Noon Author Talk on Thursday April 7th. A book discussion of William James's *Pragmatism* will also take place in April (date tba). More information on the April events will be in our April newsletter.

Melody Burns Returns: *Decision Points* Noon Book Review

Decision Points by President George Bush will be the subject of our March Noon Book Review on Thursday March 3rd. Melody Burns, from Talk 1300 AM will be our reviewer (she reviewed *Going Rogue* for us last year). President Bush's book has been on the *New York Times* best seller list since it came out last November. *Decision Points* has received a lot of press. (continued on page three)

Noon Book Talk: *Benjamin Franklin* and *Judith Sargent Murray*

Please join us – especially fans of Nathaniel Philbrick's *Mayflower* – for a special Noon Book Talk on Wednesday March 16th when Siena College's Christiane Farnan will talk about both *The Autobiography of Benjamin Franklin* and some of the writings of one of the first American pioneers of Women's Rights, Judith Sargent Murray. You don't have to read the *Autobiography* to attend; however, it's a very short book and we'll have plenty of copies available – so we're encouraging those who attend to read it. We'll also have a short essay by Murray to read beforehand, too. Professor Farnan teaches Early American Literature, 19th-Century American Literature, and Fiction and Non-Fiction Writing at Siena. This event is a prelude of sorts to a lecture by Sheila Skemp at Siena College on Monday April 4th at 6:00 PM in Roger Bacon Hall. We hope Professor Farnan's talk here will pique your interest in the event at Siena. Dr. Skemp's lecture on the 4th at Siena is titled: **A World We Have Lost: Benjamin Franklin and The American Dream**. (continued on page four)

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PROGRAMS

To register for programs requiring reservations
please call the Information desk at 810-0314 (direct line).

- 1 **TUESDAY- Capital District Youth Rugby Information Night-** Interested high school age boys and girls are invited to learn about playing rugby. At 7:30 PM.
- 2 **WEDNESDAY- Finding Money to Start-or Expand- Your Business-** Join us for a special program presented by SCORE Albany-Counselors to America's Small Businesses. The format will be a panel discussion with area representatives from the Small Business Administration, banking, and related lending institutions. Questions and issues presented by the audience will be the focal point of the discussion. Registration is appreciated at 446-1118 ext 233 or seminars@scorealbany.org. From 6:00-8:00 PM.
- 3 **THURSDAY- Cloth Diaper Informational Meeting-** The Latham Cloth Diaper Circle presents an informational seminar for families interested in (or currently doing) cloth diapering within their families. Reservations are required. At 9:30 AM.
- 3 **THURSDAY- Noon Book Review-** *Decision Points* by President George Bush will be reviewed by Melody Burns from Talk 1300 AM. At 12:15 PM. (see story page one)
- 3 **THURSDAY- Brain Injury Association of New York State Family Forum-** A discussion of traumatic brain injury issues will be led by Robin Cohn, Vice President of BIANYS, and Mary Daigneault. At 7:00 PM.
- 5 **SATURDAY- People to People Student Ambassadors-** From 9:00 AM-Noon.
- 5 **SATURDAY- Northeastern New York Orchid Society-** At 1:00 PM.
- 7 **MONDAY- Hudson Mohawk Bird Club: All About Bluebirds - and More-** This quality PowerPoint presentation encompasses the life history of the Eastern Bluebird, nest box management, other birds that nest in bluebird boxes, and more. The focus is on bluebirds, but John also shares his passion for the natural world. With visually beautiful photographs, sounds, and a sincere, enthusiastic presentation style, this program is of interest to anyone who appreciates nature. Presenter John Rogers has maintained an extensive trail of bluebird nest boxes north of Syracuse for over 35 years, and has fledged over 12,200 Eastern Bluebirds. He is a recognized authority on bluebird trail management, and has done slide programs and workshops for hundreds of groups including in 10 states and 2 Canadian provinces. John was a cofounder of the New York State Bluebird Society in 1982 and elected a lifetime (volunteer) director in 2002. He is a recipient of the John and Nora Lane Bluebird Conservation Award from the North American Bluebird Society, and a past board member of that organization. John is a member of the Onondaga Audubon Society near Syracuse. He received a BA in Biology from SUNY Oswego. At 7:00 PM.
- 10 **THURSDAY- Preparing Your Estate Plan-** Frank Marchesini of Edward Jones and Michael Difabio of the Difabio Law Firm will present on the issues to address when developing an estate plan and the importance of working with an estate planning attorney. Participants will learn the function of a will and its affect on the probate process as well as the different kind of trusts available and the benefits and risks they offer. They will also focus on different strategies to decrease estate taxes and passing assets to your heirs. Reservations are required. At 6:30 PM.
- 13 **SUNDAY- Historical Society of the Town of Colonie: Life in Colonie: The Early Days-** Laurie Miroff of the Public Archaeology Facility, Binghamton University will present "Life in Colonie: The Early Days." This program will focus on the historic Colonie Shaker Creek II/III site located between Wade Road and Troy-Schenectady Road. The site was occupied by multiple households of which the Orlops, a moderately wealthy farming family living during the early nineteenth century, was the most identifiable. At 2:00 PM.
- 14 **MONDAY- Philip Roth Then & Now: Goodbye, Columbus and The Humbling-** Writers Ed Schwarzschild (*Responsible Men, The Family Diamond*) and Elisa Albert (*How This Night Is Different, The Book Of Dahlia*) will discuss Philip Roth through the lens of his first and most recent works, with a focus on his half-century-long themes of rebellion against social norms. This program is part of UAlbany's Judaic Studies Department's ongoing series on Jewish Renegades in the Arts. At Noon.
- 14 **MONDAY- The Many Faces of MS-** Dr. James Wymer will lead a discussion with six panel members either living with MS or being a caregiver to someone with MS. The panel will discuss what they do to deal with their MS. Presented by the National MS Society of Upstate NY during MS Awareness Week 2011. At 6:30 PM.
- 15 **TUESDAY- The Story Circle of the Capital District-** The Story Circle was established to provide members an opportunity to tell before a live audience; to hear stories told; to give the community a roster of active tellers; and to encourage beginning storytellers. Members of the group tell tales to all ages at a variety of events and locations. Members of the public interested in learning more about storytelling or listening to stories are invited to attend. Anyone desiring more information should call 786-1271. At 7:00 PM.

AARP Safe Driving

Tuesdays, March 8 & 15, from 1:00-4:00 PM
Call Pat Latimer at 463-5221 for reservations.

Attendance is required at both sessions. There is a \$12 AARP member/ \$14 non member materials fee payable to AARP. Class size is limited and advance registration is required.

For information on other classes please call Pat Latimer at 463-5221.

Certain services and programs are adaptable to people with disabilities, upon request.
Please contact our Outreach Librarian at 458-9274 to discuss your accessibility needs.

- 15 **TUESDAY- Colonie Tuesday Night Live Poets' Corner-** Local poets and writers of all ages are invited to present six to ten minutes of their original work at this open reading forum. The public is encouraged to stop in and listen. Readings begin promptly at 7:00 PM. (Training/Conference Room)
- 16 **WEDNESDAY- Noon Book Talk-** Siena College's Christiane Farnan will talk about both *The Autobiography of Benjamin Franklin* and some of the writings of one of the first American pioneers of Women's Rights, Judith Sargent Murray. At 12:15 PM. (see story page one)
- 21 **MONDAY- AARP of Colonie—Chapter 2873-** Guest speaker: Paula Mahan, Town of Colonie Supervisor. At 1:00 PM.
- 21 **MONDAY- Hiking the Continental Divide Trail: One Woman's Journey-** Local hiker and author, Jennifer Hanson, will share the tale of her 2,400-mile six-month back-packing trip from Mexico to Canada along the Continental Divide National Scenic Trail (CDT). Using excerpts from her new book *Hiking the Continental Divide Trail: One Woman's Journey* and a slide-show of dozens of photographs, Jennifer will share with hikers and novices alike the challenges and thrills of long-distance hiking. The journey included seven weeks of trekking through arid ranchland, desert forests and Indian reservations in New Mexico; the Bob Marshall Wilderness Area and Glacier National Park in Montana; the remote and rugged Bitterroot Range of Idaho/Montana; the Wind River Range and Teton National Forest in Wyoming and hundreds of miles snowshoeing through the Rocky Mountains of Colorado. Jennifer's book and presentation will also discuss the planning and preparation required for such an endeavor including: map lists, detailed itinerary with re-supply points, equipment and food lists, and a suggested preparation time-line. The equipment used on her trek will be on display throughout the presentation. Refreshments and coffee will be served. At 7:00 PM.
- 22 **TUESDAY- Book Discussion of *The Portrait of a Lady*-** At 7:00 PM. (see story page one)
- 23 **WEDNESDAY- Noon Book Review-** *The Portrait of a Lady* will be reviewed by Mary Valentis from UAlbany's English Department. At 12:15 PM. (see story page one)
- 24 **THURSDAY- The Road to Retirement Security-** Learn how you can maximize your retirement benefits and take care of inflation, market and longevity risks and develop a strategy to provide you with income that will last as long as you live. Presented by Metlife Financial Services. Reservations are required. At 5:30 PM.
- 26 **SATURDAY- Manifesting The Life You Want Using Biofeedback, Subtle Energy, & Self Mastery Skills-** Many people try to make changes in their lives and find themselves floundering again and again. This is because they often try to make changes in their thoughts, without accessing their feelings through their bodies' input. The body provides a vast amount of knowledge and feeling, if we learn how to interface our mind with our body correctly. This class will teach cutting edge mind-body techniques used by athletes and top professionals that enable us to think without resistance and take the feeling journeys we need to create the life we want by using the body as leverage point to stay focused on manifesting our goals. It will also touch upon making the law of attraction work for us by

"getting out of the way" to facilitate meaningful exchanges in our every day lives. Bethany Gonyea, MS, Former Director of Biofeedback at the Albany TMJ & Facial Pain Center has been teaching self-mastery skills for sixteen years, and has been certified by three independent organizations in Biofeedback. But most of her experience was gained as she overcame a debilitating pain disorder that forced a career change. She runs a private biofeedback and subtle energy medicine practice in Clifton Park, NY. Reservations are required. At 10:00 AM.

- 26 **SATURDAY- Capital District Genealogical Society: Research in Southern Poland with Suggestions for Your Research-** Alan Doyle Horbal has been researching his family history for 30 years while working as a volunteer archivist at NARA Pittsfield. He has made numerous trips to Poland to obtain vital records and will discuss his findings. The Computer Group begins at 1:00 PM followed by social time at 2:00 PM. The speaker/program begins at 2:30 PM.
- 27 **SUNDAY- Tinnitus Association of the New York Capital Region-** Debra E. Trees, Au.D., Doctor of Audiology at St. Peter's Hospital will present: "Audiology Update on Tinnitus Treatment Options, An Overview." At 2:00 PM.
- 29 **TUESDAY- Red Cross Blood Drive-** Nearly every two seconds someone in the United States needs blood. The Library will be holding a blood drive to help boost the regional blood supply. To be eligible to donate blood, donors must be 17 years of age (16 with a signed Red Cross parental permission slip), weigh at least 110 pounds and have ID with them when they donate. Anyone who has received a tattoo has to wait one year from the date they received the tattoo. For those that have other questions regarding eligibility, you may call 1-800-GIVE-LIFE. To make an appointment please call 1-800-GIVE-LIFE or visit www.donatebloodnow.org. Remember, every blood donation helps save three lives! From 1:30 PM to 6:00 PM.

Decision Points continued

From *Kirkus Reviews*: "In a page-turner structured around important decisions in his life and presidency, Bush surprises with a lucid, heartfelt look back. Despite expected defenses of past decisions, Bush is candid and unafraid to say when he thinks he was wrong. Critics on both the left and right are challenged to walk in his shoes, and may come away with a new view of the former president – or at least an appreciation of the hard and often ambiguous choices he was forced to make.... Certain themes dominate the narrative: the all-encompassing importance of 9/11 to the bulk of his presidency, and how it shaped and shadowed almost everything he did; the importance of his faith, which is echoed in every chapter and which comes through in an unassuming manner; the often unseen advisor whom the president conferred with and confided in on almost every subject – his wife, Laura Bush; and the wide array of people who helped him rise to the White House and then often hindered him once he was there. The book is worthwhile for many reasons. Even if many readers may not agree with his views on the subjects, Bush's memories of 9/11, Hurricane Katrina and other major events are riveting and of historical value on their own.... The author accepts blame for a number of mistakes and misjudgments, while also standing up for decisions he felt were right." For more information about our reviewer, see her website at www.melodyburns.com The review begins at 12:15 PM; bring your lunch if you are on lunch hour.

Computer Training Classes

All classes will meet in the Training/Conference Room.
Prior registration is required; come to the Information Desk or call 810-0314.

Introduction to Computers: Gateway to the World Wide Web- Date: March 17 @ 2:00 PM Are you a computer novice? This hands-on computer course is designed for individuals with little or no previous experience. The course will focus on developing skills in the following areas: 1) Basic understanding of the Windows environment. 2) Ability to use the computer mouse. 3) Ability to use the computer keyboard. 4) Ability to access computer programs and files. This 2-1/2 hour class is limited to 6 participants.

Introduction to the Internet- Date: March 28 @ 1:00 PM This class is designed for library patrons who have little or no experience with the Internet, but who are basically competent with using a computer. Learn Internet terminology and how to access the Internet from home, work, and at the library. Emphasis will be on browsing the Internet using an Internet browser's toolbars, menus, and hypertext links. The class lasts approximately two hours and is limited to 8 participants.

Intermediate Internet: Using Search Engines- Date: March 23 @ 2:00 PM This class is designed for library patrons who have experience using the Internet, and are very familiar with using the computer mouse, keyboard and the Windows environment. Learn the best methods of searching the Internet. We will explore the many search engines and directories available to aid you in your informational quest. **WARNING:** This is not an Introduction to the Internet. We ask that you have already spent time online and have a modest understanding of the Internet. Each class lasts 2-1/2 hours and is limited to 8 participants.

Basic Word Processing and File Management- Date: March 23 @ 10:00 AM This class explores the basic features of the Microsoft Word 2007 Screen from top to bottom. The purpose of this class is to encourage students to perform basic editing functions on a prepared document, to create a folder in Windows Explorer, and to save the document to the folder. Students should have dexterity with the mouse, keyboard experience, familiarity with the Windows environment, and a sense of humor. The 2-1/2 hour class is limited to six students.

Introduction to Microsoft Excel 2007- Date: March 30 @ 1:00 PM This class will explore the basic features of Excel. Students will learn how to create a worksheet and perform simple calculations and manipulations with data. Students should be familiar with the Windows environment, the keyboard and be able to use a mouse. Students may take this more than once if they feel they need more practice with the basics. This class will be two hours and is limited to eight students.

Franklin Book Talk continued

Sheila Skemp is the Clare Leslie Marquette Chair in American History at the University of Mississippi, where she teaches classes on colonial and revolutionary America, women and gender, and "the American Dream." She is the author of a number of books and articles dealing with William and Benjamin Franklin and is currently completing a book entitled *The Making of a Patriot: Benjamin Franklin at the Cockpit*. Her most recent publication is *First Lady of Letters: Judith Sargent Murray and the Struggle for Women's Rights* (2009). Other books include *William Franklin: Son of a Patriot, Servant of a King* (1990) and *Benjamin and William Franklin: Father and Son, Patriot and Loyalist* (1994). She was named the university's Outstanding Teacher in Liberal Arts in 1985 and received its Faculty Achievement Award for Outstanding Teaching and Scholarship in 2009. Our event will start at 12:15 PM. Bring your lunch if you are on lunch hour.

Knitting Group Dates

The Library sponsored knitting group will meet in the Stedman Room on the following Fridays from 2:00-4:00 PM: March 11 and 25 and April 8 and 22. For further information contact Gwen Gurien at 475-1470 or hgurien@nycap.rr.com .

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Reference Stumper:

March 2011

1) Quote of the Month: "What is the difference between summer and winter on Wall Street? The buildings don't wave in the wind, they don't turn from brown to green to gold to gray; the windows don't fall out. The cabs are still yellow; people do the same thing they did last season. There is no dusk, there is no dawn. In the city I know when the moon is full only because there are more murders than usual. In Walleye I know when the moon is full because I can see it."

2) Brain Teaser: What is the name of the first American book review editor and where did the editorials appear?

The winner chosen will be the first person to answer both parts of the "Stumper" correctly. Answer to "Quote of the Month" must include title AND author.

Participants may submit their responses in 3 ways: 1) E-mail to: info@colonielibrary.org 2) Telephone the Information desk at 810-0314 3) By stopping off at the Access Services Desk in the library.