

LIFEGUARD

AIR RESCUE

WHO MAY CALL?

- Any Law Enforcement, Fire or EMS Command Officer at the scene of an incident where the helicopter and crew is needed.

WHEN TO CALL?

OPERATIONAL REASONS

- Helicopter will speed transport of patient to the Trauma Center—usually, more than 30 minutes ground travel to Trauma Center.
- Prolonged Extrication.
- Remote location or Helicopter needed for rescue.
- Patient(s) need Paramedic level care.

MEDICAL REASONS

- **Life- or Limb-threatening condition.**
- **Unstable**
Glasgow Coma Scale of 13 or less.
Trauma score of 14 or less.
Compensated or decompensated shock.
Head injury with altered mental status.
Chest trauma with respiratory distress.

Penetrating injuries to body cavity.
Amputations.
Burns to over 15% of body, or to face.

- **Serious Mechanism of Injury**

Fall of 15 feet or more.
Hit by vehicle moving over 20 mph.
Ejected from vehicle or unrestrained rollover.
Major deformity into passenger compartment or to vehicle front end.
Survivor of an MVA where a death occurred in the same vehicle.

**CARDIAC ARREST PATIENTS
WILL NOT BE TRANSPORTED BY LIFEGUARD**
(Unless Hypothermic)

HOW TO REQUEST LIFEGUARD

CONTACT YOUR COUNTY CONTROL CENTER.

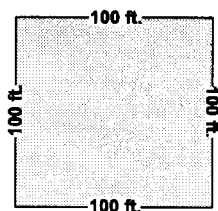
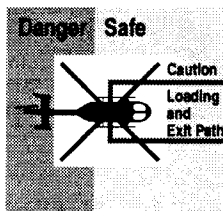
GIVE THE FOLLOWING INFO.:

- Your name and callback number.
- Your Agency name.
- Nature of the situation.
- Exact location of incident, including crossroads and major landmarks,

and GPS lat./long. if possible.

- Exact location of a safe Landing Zone (L.Z.).
- If you do not have 155.715, provide your Command frequency and your Command radio identifier.

HOW TO SET UP THE L.Z.



- **Do not approach helicopter unless escorted by crew.**
- Stay clear of tail rotor at all times.
- No traffic or vehicles within 100' of the aircraft.

LANDING ZONE (L.Z.) GUIDELINES

- Approx. 100' x 100' area (100 ft. = approx. 30 large steps).
- L.Z. and aircraft approach should be clear of wires, towers, vehicles, people and loose objects.
- Firm ground with less than 8° slope.
- L.Z. to be marked with one flare in an upwind position.
- No white lights, spotlights, or blue lights are to be directed toward helicopter or L.Z.
- Keep emergency red lights on.
- No smoking within 100' of aircraft.

LANDING ZONE (L.Z.) REPORT

1. Describe L.Z. in relationship to terrain.
Examples: The L.Z. is located on top of a hill.
The L.Z. is located in a valley.
2. Describe major landmarks near the L.Z.
Examples: Rivers / Major Highways / Factories / Water Towers
3. Estimate the distance between L.Z. and nearest town.
 - a. L.Z. is located _____.
 - b. There are wires on the _____ side of L.Z.
 - c. There are other obstructions to the _____.
 - d. Winds are out of the _____.

DO NOT APPROACH AIRCRAFT

LIFEGUARD is a cooperative effort by

The New York State Police
(518) 869-9812

The Town of Colonie
(518) 782-2645